## **DIRECTIONS TO THE START/FINISH**

Take Metro North Hudson Line to Yonkers Station (1-800-638-7646 for schedule & fare). Participants are responsible for checking the MTA schedule to ensure they have time to register & pick up their number before the race.

## From George Washington Bridge, Manhattan or Bronx:

Exit bridge at Henry Hudson Parkway, North. Take Parkway north across Henry Hudson Bridge (Toll). Henry Hudson becomes the Saw Mill River Parkway North out of the Bronx. Exit Saw Mill River Parkway at Yonkers Ave., Exit 5. At end of exit ramp make a right turn on Yonkers Ave. \*Proceed on Yonkers Ave.— it merges with & becomes Nepperhan Ave. at the overpass. Proceed on Nepperhan Ave. through downtown - crossing Riverdale Ave. Nepperhan Ave. becomes Prospect St. Proceed on Prospect to Buena Vista — make right turn. At bottom of hill at the light is Main St. Proceed to parking and registration as directed by staff.

## From Tappan Zee Bridge or Cross Westchester (287):

Proceed off bridge east on 287 to 87 south. Take exit 7 to Saw Mill River Parkway to Yonkers Ave. Exit 5. This exit only allows turns west toward Pier. Proceed as above \*.

## From Long Island, Queens, Eastern Bronx or South Westchester:

Take LI Sound bridges to Hutchinson River Parkway North. Take exit 13 to Cross County Parkway. Proceed on Cross County Parkway to exit 2, Saw Mill River Parkway, North. This exit ramp becomes exit for Yonkers Ave. Make right turn at the light onto Yonkers Avenue. Proceed as above \*.